

What Makes You Happy?

(2) Plan for it
Pro-Presenter

What makes you happy?

No-thing.

Matthew 5:1-2

Now when Jesus saw the **crowds**, he went up on a mountainside and sat down. His disciples came to him, and he began to teach them.

Matthew 5:1-2

He said: “**Blessed are the poor in spirit**, for theirs is the kingdom of heaven.

Poor in Spirit

People who embrace their daily **dependence** on God regardless of what they have.

Matthew 5:4

Blessed are those who **mourn**, for they will be comforted.

Fear of **dying**, will rob you of the joy of **living**.

Matthew 5:5

Blessed are the **meekest**, for they will inherit the earth.

Meekness

A proper **estimation** or **valuation** of oneself, within the broader context of God’s creation and love.

Matthew 5:6

Blessed are those who hunger and thirst for **righteousness**, for they will be **filled**.

Happy are those with no guilt, no regret, and a clear conscience.

Matthew 5:7

Blessed are the **merciful**, for they will be shown mercy.

Happy are the **relationally generous**.

Matthew 5:7

Blessed are the pure in heart, for they will **see** God.

Matthew 5:9

Blessed are the peacemakers, for they will be called **children** of God.

Happy are the **reconcilers**.

Matthew 5:9

Blessed are those who are **persecuted** because of **righteousness**, for theirs is the kingdom of heaven.

You are going to suffer in this life for doing right or for doing wrong.

You can be happy when you suffer for doing the right thing because at the end of the day you have peace with yourself and you have peace with God.

What is the common denominator?

Happiness is an **outcome**.

That **happiness** is not immediately **accessible**.

Happiness is you **sowing** and **reaping** your way to Happiness.

Matthew 7:24

“Therefore everyone who hears these words of mine and puts them into **practice** is like a wise man who **built** his house on the **rock**.”

Matthew 7:26

But everyone who **hears** these words of mine and does not put them into **practice** is like a **foolish** man who built his house on the **sand**.

What makes you happy?

No thing.

What makes you happy?

Sow ing.