

Go Deeper Life Group Study

Like Life

Week 3 - Authenticity

June 25, 2017

ICE-BREAKER...

Share something that was a struggle for you this week that really wasn't that big of a deal compared to real problems.

GROUP DISCUSSION...

1. Do you think social media influences our capacity to be authentic with each other? Why or why not?
2. Scroll through your social media feed and share a post or a picture that represents a time when you weren't being authentic about your circumstances or emotions.
3. Hold up your fingers for how many close friends you have. Does that number represent what you think would be God's best for you? Why?
4. Pastor Mat said, "***A veil that first covers our face, eventually, will cover our hearts.***" What is your response to that statement?
5. ***Read 2 Corinthians 3:13-18.*** What is the veil you are wearing? Who gets to see the real you?
6. What is something about you that you would never reveal to your wider circle of friends on social media?
7. Do you see any warning signs in your life where you are afraid or holding back from having authentic conversations? How do filtered conversations impact your ability to create meaningful friendships?
8. What is one step you can take this week to be more real and authentic?

REMIND YOURSELF DAILY...

Everything that we say must be true, but everything true does not have to be shared on social media.

VERSE OF REFLECTION...

"We will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church." Ephesians 4:15